



October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1 •WEAR PINK DAY!!! •BRA CONTEST BEGINS!! 9:00 Brain/Board Games 9:45 PINK Stix & Tones 10:15 Spooky Dollar LCR Game 10:30 Basic Step Line Dancing 11:30 Lunch 12:00 Line Dancing 12:00 Bra Decorating Contest!	2 9:00 Brain/Board Games 9:30 Kitchen Academy ~French Onion Stuffed Sweet Potatoes 10:30 Build a Cross- Get a Prize! 11:30 Lunch 12:00 Qigong 12:15 Armchair Travelers ~Breast Cancer Awareness Event w/ Special Guest- Melanie Thorne	3 9:00 Brain/Board Games 9:45 Stix & Tones 9:30 PINK Coloring Contest 10:15 Prepping Your Home For Winter w/ Ginnie Kite 10:30 Basic Line Dancing 11:30 Lunch 12:00 Line Dancing 12:00 Wii Bowling League	4 Bra Decorating Contest Winner Announced!!! 9:00 Brain/Board Games 10:00-12:00 Survivor's Celebration! 10:30 Wii Bowling Practice 11:30 Lunch 12:00 Penny BINGO
7 9:00 Brain/Board Games 9:15 Movie of The Month ~Matilda 9:30 Blood pressure Checks 10:15 Art Residency 11:30 Lunch 12:00 Penny BINGO	8 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Tech Tuesday 10:30 Basic Step Line Dancing 11:30 Lunch 12:00 Line Dancing	9 9:00 Brain/Board Games 9:15 Walk 15 10:15 Bible Study 10:30 Blank Slate 11:30 Lunch 12:00 Qigong 12:00 Hope Squad Curriculum 12:00 Halloween Parade Planning	10 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Game with Jill Kaylor 10:30 Basic Step Line Dancing 11:30 Lunch 12:00 Line Dancing 12:00 Wii Bowling League	11 Day 1 of Spooky Behavior! WEAR HALLOWEEN COLORS! 9:00 Brain/Board Games 9:30 Arts & Crafts w/ Ami ~Fall Leaves Mason Jar 10:15 Halloween Coloring 10:30 Wii Bowling Practice 10:30 Books & Banter Club 11:30 Lunch + Bagged Lunches 12:00 Penny BINGO
14 <p style="text-align: center;"><i>Closed in observance of Columbus Day</i></p>	15 Day 2 of Spooky Behavior 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Veterans Café 10:30 Criminal Mug Shots 10:30 Basic Step Line Dancing 11:30 Lunch 12:00 Line Dancing 12:00 Caramel Apples Bar	16 Day 3 of Spooky Behavior 9:00 Brain/Board Games 9:15 Walk 15 10:00 Halloween Trivia with Amanda 10:15 Socrates Cafe 10:30 Now You Have It Game 11:30 Lunch 12:00 Qigong 12:00 Halloween Parade Planning	17 <p style="text-align: center;">CLOSED <i>Staff Training</i></p>	18 Day 4 of Spooky Behavior 9:00 Brain/Board Games 9:30 Arts & Crafts w/ Amanda ~ Wine Cork Pumpkins 10:15 Gentle Seated Yoga 10:30 Wii Bowling Practice! 11:30 Lunch 12:00 Pumpkin Carving Contest! 12:30 Penny BINGO
21 Day 5 of Spooky Behavior 9:00 Brain/Board Games 9:15 Strength Training w/ Kasie 9:30 Blood Pressure Checks 9:45 The Twilight Zone Watch Party 10:15 Art Residency 11:30 Lunch 12:00 Halloween Penny BINGO	22 Day 6 of Spooky Behavior 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Spooky Sound Byte Bingo! 10:30 Basic Step Line Dancing 11:30 Lunch 12:00 Pass The Pumpkin Game 12:00 Line Dancing	23 Day 7 of Spooky Behavior 9:00 Brain/Board Games 9:15 Walk 15 10:15 Bible Study 10:30 I'VE GOT BUGS!! W/ Ryan Bridge 11:30 Lunch 12:00 Hope Squad Check-in 12:00 Qigong	24 Day 8 of Spooky Behavior 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Powers of Attorney w/ Dianne Brannon-Nordtomme 10:30 Basic Step Line Dancing 11:30 Lunch 12:00 Hot Apple Cider Social 12:00 Line Dancing 12:00 Wii Bowling League	25 Day 9 of Spooky Behavior 9:00 Brain/Board Games 9:30 Arts & Crafts w/ Claudia ~ Paint Halloween Ceramics 10:15 Spot the difference Halloween Game 10:30 How Many Candy Corns? 10:30 Books & Banter Club 11:30 Lunch 12:00 Penny BINGO
28 Day 10 of Spooky Behavior 9:00 Brain/Board Games 9:30 Blood pressure Checks 9:45 The Twilight Zone Watch Party 10:15 Art Residency 11:30 Lunch 12:00 Halloween Scavenger Hunt! 12:15 Quarter BINGO	29 Day 11 of Spooky Behavior 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Bereavement Groups w/ Memorial White Rose Hospice 11:30 Lunch 12:00 Line Dancing 12:00 Bonfire & Bocce Ball	30 Day 12 of Spooky Behavior 9:00 Brain/Board Games 10:00 Nail Art w/ Amanda 10:45 Werewolf Game 11:30 Lunch 12:00 Qigong 12 :00 TRUNK OR TREAT CONTEST!	31 HAPPY HALLOWEEN! 9:00 Brain/Board Games 9:45 Halloween Stix & Tones 10:00-12:30 Halloween Party!! 11:30 Lunch 12:30 Wii Bowling League	

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York County

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	<p>1</p> <p>Chicken Patty w/ Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches</p>	<p>2</p> <p>Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin</p>	<p>3</p> <p>1c Pizza Casserole 1c Tossed Salad 1/2c Peas & Carrots 1 Wheat Bread 1/2c Pudding</p>	<p>4</p> <p> Chicken Alfredo 1/2c Noodles 1/2c Mixed Vegetables 1 Garlic Breadstick 1/2c Warm Apple Cranberry Crisp</p>
<p>7</p> <p>Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>8</p> <p>Chicken Bacon Carbonara (3oz Chicken, 1/2o Bacon) 1/2c Pasta 1/2c Mixed Vegetables 1 Breadstick 1/2c Mandarin Oranges</p> <p></p>	<p>9</p> <p>Tuna Salad Sandwich (4oz) 1c Roasted Pumpkin Soup 1/2c Coleslaw 2 Wheat Bread Fresh Fruit</p>	<p>10</p> <p>Baked Ravioli (6) w/ Tomato Cream Sauce 1/2c Green Beans 1/2c Mandarin Oranges 1 Italian Bread</p>	<p>11</p> <p>Sliced Ham 1/2c Orange Blossom Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie</p> <p>+ Bagged Lunch</p>
<p>14</p> <p>Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Applesauce</p>	<p>15</p> <p>Sweet & Sour Pork 1/2c Rice 1/2c Carrots 1 Dinner Roll Fresh Fruit</p>	<p>16</p> <p>Italian Burger (Peppers, Onions, White Cheese) 1c Creamy Potato Soup 1 Hamburger Roll Seasonal Fresh Fruit</p> <p></p>	<p>17</p> <p>Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 Wheat Bread Peach Crisp</p>	<p>18</p> <p>BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight</p>
<p>21</p> <p>Cheese Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	<p>22</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick 1/2c Mandarin Oranges</p>	<p>23</p> <p>Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p>24</p> <p>Cajun Shrimp 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple</p> <p></p>	<p>25</p> <p>Open Faced Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pudding</p>
<p>28</p> <p>Creamy Parmesan Pork Chop 1/2c Cubed Potatoes 1/2c Spinach 1 Wheat Bread Cookie</p>	<p>29</p> <p>Pizza Burger (1oz Sauce, .5oz Mozzarella) 1/2c Lemon Buttered Orzo 1/2c Carrots Hamburger Bun 1/2c Fruit Crisp</p> <p></p>	<p>30</p> <p>Chicken Bruschetta 1/2c Pesto Pasta 1/2c Capri Blend Vegetables 1 Dinner Roll Fresh Fruit</p> <p></p>	<p>31</p> <p>Happy Halloween! Lasagna w/ Meat Sauce 1c Tossed Salad w/ Tomato 1/2c Green Beans 1 Garlic Breadstick Fresh Fruit</p>	<p></p>