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HearingLife is a national hearing care company that operates more than 600 hearing care centers across 42 states.

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A full-service outpatient physical therapy provider dedicated to personalized care.

Serving Pennsylvania & Maryland









# CONNECTIONS

Community Center 20 Gotham Place Red Lion, PA 17356

#### **Contact GCCC Staff at**

717-244-7229 Monday – Friday 8:30 a.m. - 2:30 p.m.

www.gcccenter.com

#### Mission

To assist and empower senior citizens to remain part of a thriving community environment.

#### **Stay Connected**

Are you on the email list? Call 717-244-7229 to make sure GCCC staff have your most recent contact information. Follow or like www.facebook.com/ Goldenconnections

communitycenter

on Facebook.



#### SAVE THE DATES

#### & HIGH LIGHTS:

- > The center will be closed on the following days:
  - Monday October 14<sup>th</sup> in observance of Columbus Day ~Thursday October 17<sup>th</sup> Staff Training Day
- Congregate Take Out Meals are distributed Monday through Friday from 11:00 a.m. - 12:30 p.m. We thank all our members for their continued patience with lunch distribution, and we are so grateful for the volunteers that assist with the preparation of it all.
- Bagged lunches will be offered on: Friday October 11<sup>th</sup>

TK THE TO BE SPOOKY





SILVER

#### A HEARTFELT THANK YOU TO OUR WONDERFUL MEMBERS!

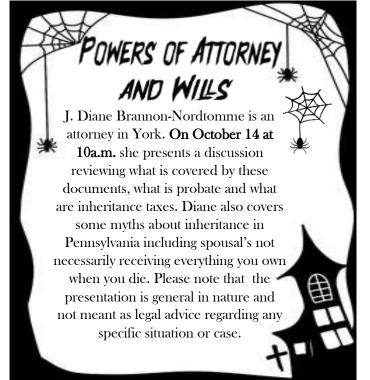
WE WANT TO EXPRESS OUR DEEPEST GRATITUDE TO EACH AND EVERY ONE OF YOU FOR YOUR UNWAVERING SUPPORT OF OUR FUNDRAISING EVENTS THROUGHOUT THE YEAR. THANKS TO YOUR INCREDIBLE GENEROSITY, WE'RE PROUD TO SHARE THAT 40-50% OF OUR CENTER'S FUNDING COMES DIRECTLY FROM THESE EVENTS, ALLOWING US TO CONTINUE PROVIDING THE PROGRAMS AND SERVICES YOU LOVE. WE'RE EXCITED TO INTRODUCE ONE OF OUR FINAL FUNDRAISERS OF 2024! THIS EVENT WILL BE CRUCIAL IN HELPING US MEET OUR ANNUAL GOALS, AND WE HOPE TO SEE YOU THERE.



# UPCOMING SPEAKERS & ENTERTAINMENT

## Halloween Trivia with Amanda Pina

ARE YOUR HALLOWEEN SMARTS
SHARPER THAN A VAMPIRE'S FANGS?
MEMBERS OF THE GCCC GET READY
FOR A DAY OF KOOKY QUESTIONS AND
SPOOKTACULAR FUN WITH OUR
HALLOWEEN TRIVIA ACTIVITY! THIS
EVENT WILL TAKE PLACE ON OCTOBER
16TH AT 10:15 A.M. LED BY AMANDA
PINA DIRECTOR OF SOCIAL SERVICES.
THIS EVENT IS GOING TO BE A SCREAM!
JOIN US, OR RISK BEING HAUNTED BY
REGRET!



#### SPOOKSY SOUND BYTE BINGO W/ HEARING LIFE

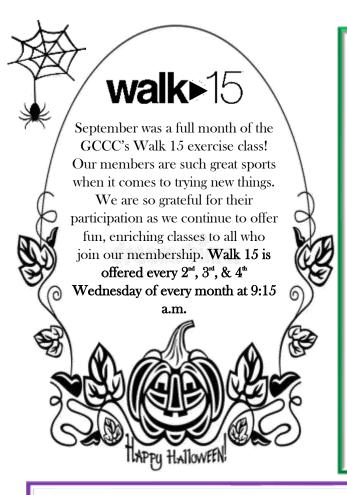
Members of the Golden Connections can join us on October 22<sup>nd</sup> at 10:15 a.m. for a spooky experience! Hearing Life comes in hot with a game of Sound Byte Bingo! This game works out your hearing skills and competitive nature!

#### Memorial White Rose Hospice

THE GCCC INVITES ITS MEMBERS TO JOIN US FOR A SPECIAL TALK LED BY MEMORIAL WHITE ROSE HOSPICE ON TUESDAY OCTOBER 29<sup>TH</sup> AT 10:15 A.M. WHITE ROSE HOSPICE INVITES AN EXPERIENCED CHAPLAIN, WHO WILL DELVE INTO THE CRUCIAL ROLE OF SPIRITUAL CARE WITHIN HOSPICE.

THE CHAPLAIN WILL ALSO DISCUSS
THE SIGNIFICANT BENEFITS OF
BEREAVEMENT GROUPS AND
SPACES WHERE THOSE WHO ARE
GRIEVING CAN COME TOGETHER TO
SHARE THEIR EXPERIENCES,
SUPPORT ONE ANOTHER, AND
BEGIN TO HEAL.

ALL MEMBERS ARE WELCOME TO JOIN!



OCTOBER'S RECIPE:

#### FRENCH ONION STUFFED SWEET **POTATOES**

**DATE: WEDNESDAY OCTOBER 2ND TIME:** 9:30 A.M.

WE WELCOME FALL WITH A **DELICIOUS AND CREATIVE** FUSION DISH THAT COMBINES THE RICH, SAVORY FLAVORS OF FRENCH ONION SOUP WITH THE NATURAL SWEETNESS OF BAKED SWEET POTATOES. SIGN-UPS ARE MANDATORY. CLASS FEE IS \$5 PER PERSON.



## CHICKEN TIKKA

MASALA

**DATE:** WEDNESDAY NOVEMBER 6TH **TIME:** 9:30 A.M. LEARN TO MASTER THE ART OF MAKING CHICKEN TIKKA MASALA, A FLAVORFUL AND BELOVED DISH THAT'S SURE TO

**IMPRESS YOUR FAMILY** 



## Get Your Home Ready for Winter Before 灣 Frost Bites!

WINTER IS LURKING JUST AROUND THE CORNER, AND IT'S TIME TO SCARE OFF THE CHILLS AND GHOST-PROOF YOUR HOME ON OCTOBER 3RD AT 10:15 A.M. WITH OUR PLATINUM SPONSOR GINNIE KITE! JOIN US FOR A FUN AND FRIGHTFULLY HELPFUL PRESENTATION. LEARN HOW TO KEEP THE COLD AT BAY AND AVOID THE NIGHTMARE OF FROZEN PIPES, DRAFTY WINDOWS, AND SPOOKY HEATING BILLS!



& ENTERTAINMENT

UPCOMING SPEAKERS

Garrett Kistler from Windy Hill on **Tuesday** October 8th. Whether you're new to tablets or looking to enhance your tech skills, Garrett will provide guidance and support for all your tech needs!

## BOOKS & BANTER CLUB



Amanda Pina Director of Social Services offers a Book Club for book lovers! This Fall we are busy reading The Best of Me by Nicholas Sparks. Nicholas Sparks is a renowned American author best known for his romantic novels that often explore themes of love, loss, and redemption. Sparks has become a household name, particularly for his heart-wrenching love stories, many of which have been adapted into popular films. Books & Banter meets every 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month. You must sign up as a book club member to participate.





## Axe Throwing Jill Kaylor From Visiting Angels

READY, AIM, THROW!

Feeling adventurous? It's time for members of the GCCC to channel their inner lumberjack and join us for an exciting morning of axe throwing at the senior center! No experience needed—just a willingness to have fun and try something new! This fun game will take place on **Thursday October 10**<sup>th</sup> at 10:15 a.m. with Jill Kaylor. All members are welcome to join!



# UPCAMING EVENTS

## SPEEKY DELLAR



Members of the Golden Connections can sign-up to play one of our favorite gambling games on **Tuesday October 1\* at 10:15 a.m.** *Players pay one dollar per game.* This is a simple but fun game of chance! All members are welcome, but have to **sign-up on Co-Pilot by September 30\*.** 

# NOW YOU HAVE IT NOW YOU DON'T

Members of the GCCC can bring a wrapped gift and dive into a game where no present is safe! Will you hold on to your treasure, or will it be stolen right from under you? The only guarantee is a lot of laughter and surprises! **Our Now You** 

Have It game will take place on the 3rd Wednesday of every month at 10:30 a.m.



# YOU'RE INVITED TO OUR SPOOKTACULAR HALLOWEEN PARTY!! JOIN US FOR A FRIGHTFULLY FUN DAY MEMBERS CAN GET READY FOR A HAUNTINGLY GOOD TIME. THE GCCC IS BREWING UP A DAY FULL OF FUN, FRIGHTS, AND FESTIVE CHEER, AND WE'D LOVE FOR YOU TO JOIN US! •10:00-11:30 GAMES & HAUNTED HOUSE •11:30 LUNCH •12:00 COSTUME CONTEST

## HOPE

#### October's Class

This month's class is a special event. A dedicated breast cancer nurse advocate with years of experience on the front lines of patient care visits the GCCC. Melanie Thorn has been a tireless champion for breast cancer patients, providing critical support, education, and advocacy. Her insights into the healthcare system and her passion for patient care will leave you informed and inspired. Members of the GCCC can take part in this event on Wednesday October

Space is limited, **pre-registration is required** for this class.



Armchair



## November's Class Diwali Festival of Lights

Diwali isn't just a festival—it's an experience! It's about welcoming prosperity, cherishing time with loved ones, and embracing the triumph of light over darkness. Members of the GCCC can signup to join this fun Armchair destination experience on Wednesday November 6<sup>th</sup> at 12:15 p.m. Register on CoPilot by November 5<sup>th</sup>.

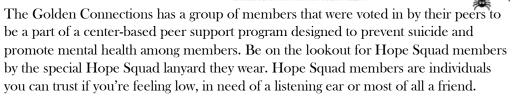
#### HALL@WEEN PARADE

2<sup>nd</sup> at **12:15** a.m.

The Red Lion Halloween Parade is upon us! If you are interested in participating, please see Ami Bernard, our Programs Coordinator. If transportation is an issue, talk with your fellow members, many may be carpooling! If you have already committed to participating, make sure to be available for important parade planning meetings! All hands on deck are needed to tie up any loose ends before the big day! Parade is on October 27<sup>th</sup> at 7 p.m. So, time is of the essence! Happy Spooky Season!



## What is HOPE?



NATIONAL SUICIDE PREVENTION LIFELINE: CALL 988

#### Line Dance Classes

Every Monday at the

Golden Connections Community Center

20 Gotham Place Red Lion, PA 17356

Every Monday Night
5:30 p.m. - 6:30 p.m. Basic Step Class
6:00 p.m. - 8:00 p.m. Beginners Class
\$3.00 per person/class

\*Pre-registration not required, walk-ins welcome\*