



# 2025 February Edition








Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b> <b>Ground Hog Day!!</b>            9:00 Brain &amp; Board Games            9:00-9:45 Walk Video            9:30 Ground Hog Day Facts            10:00 Blood Pressure Checks  <b>10:30 Health &amp; Wellness</b>            ~Selfcare &amp; Self Love            10:45 Valentines Trivia Game  <b>11:30-12:00 Lunch Break</b>            12-1:30 Penny BINGO</p>	<p><b>4</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company            9:45-10:15 Stix &amp; Tones Video            10:30 Dollar LCR  <b>11:30-12:00 Lunch Break</b>            12:00-1:00 Line Dancing  <b>12:00 Find Cupid Game</b>            12:00 Winter Walk Challenge!</p>	<p><b>5</b>            9:00 Brain &amp; Board Games  <b>10:00 Kitchen Academy</b>  <b>~Chocolate Making Workshop</b>            9:30 Independent Art            10:15 Blank Slate Game  <b>11:30-12:00 Lunch Break</b>            12:00 Corn Hole  <b>12:00 Kitchen Academy</b>  <b>~Chocolate Making Workshop</b></p>	<p><b>6</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company            9:45-10:15 Stix &amp; Tones Video  <b>10:30 Candy Grams Workshop!</b>  <b>11:30-12:00 Lunch Break</b>            12:00 Wii Games            12:00-1:00 Line Dancing            12:00 Family Feud Game</p>	<p><b>7</b>            9:00 Brain &amp; Board Games            9:15-10:00 Gentle Seated Yoga Video  <b>10:00 Arts &amp; Crafts</b>  <b>~Heart Shaped Wreathes</b>  <b>10:15 Name the Love Songs</b>  <b>11:30-12:00 Lunch Break</b>            12:00-1:30 Penny BINGO</p>
<p><b>10</b>            9:00 Brain &amp; Board Games            9:00-9:45 Walk Video            10:30 Blood Pressure Checks  <b>10:30 Health &amp; Wellness</b>  <b>~Heart Healthy Cooking</b>            10:45 Pictionary  <b>11:30-12:00 Lunch Break</b>            12-1:30 Penny BINGO</p>	<p><b>11</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company            9:45-10:15 Stix &amp; Tones Video            10:30 Candy LCR            10:30 Blank Slate Game  <b>11:30-12:00 Lunch Break</b>            12:00-1:00 Line Dancing            12:00 Winter Walk Challenge!</p>	<p><b>12</b>            9:00 Brain &amp; Board Games            9:15-10:00 Strength Training            9:30 Independent Art            10:15 Bible Study  <b>10:30 Speed Friending!</b>  <b>11:30-12:00 Lunch Break</b>            12:00 Giant Kerplunk Game            12:00 Qigong            12:00 Golden Angels</p>	<p><b>13</b> <b>Galentines Day</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company  <b>10:30 Galentine's Sip n' Snip</b>  <b>11:30-12:00 Lunch Break</b>            12:00 Wii Games            12:00-1:00 Line Dancing            12:00 Armchair Travelers            ~Verona Italy</p>	<p><b>14</b> <b>Valentines Day</b>            9:00 Brain &amp; Board Games            9:15-10:00 Gentle Seated Yoga Video  <b>10:00-12:00 Chocolate Lovers Paradise Party!!</b>  <b>11:30-12:00 Lunch Break</b>            12:00-1:30 Sweetheart Penny BINGO</p>
<p><b>17</b>  <b>Closed in observance of Presidents Day</b></p>	<p><b>18</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company            9:45-10:15 Stix &amp; Tones Video            10:30 Snack LCR            10:30-11:30 Basic Step Line Dancing  <b>11:30-12:00 Lunch Break</b>            12:00-1:00 Line Dancing            12:00 Hot Seat Game!            12:00 Winter Walk Challenge!</p>	<p><b>19</b>            9:00 Brain &amp; Board Games            9:15-10:00 Strength Training            9:30 Independent Art            9:30 Socrates Café            10:15 Now You Have It  <b>11:30-12:00 Lunch Break</b>            12:00 Reverse Charades Game            12:00 Qigong</p>	<p><b>20</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company            9:45-10:15 Stix &amp; Tones Video            10:30 High Roller Game            10:30-11:30 Basic Step Line Dancing  <b>11:30-12:00 Lunch Break</b>            12:00 Wii Games            12:00-1:00 Line Dancing            12:00 Balloon Volleyball</p>	<p><b>21</b>            9:00 Brain &amp; Board Games            9:15-9:45 Gentle Seated Yoga Video  <b>10:00 Arts &amp; Crafts</b>  <b>~ painted Flowerpots</b>            10:15 Bean Bag Toss Game  <b>11:30-12:00 Lunch Break</b>            12:00-1:30 Penny BINGO</p>
<p><b>24</b>            9:00 Brain &amp; Board Games            9:00-9:45 Walk Video            10:30 Blood Pressure Checks  <b>10:30 Health &amp; Wellness</b>  <b>~The Law of Attraction</b>            10:45 Blank Slate Game  <b>11:30-12:00 Lunch Break</b>            12-1:30 Quarter BINGO</p>	<p><b>25</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company            9:45-10:15 Stix &amp; Tones Video            10:30 Quarter LCR            10:30-11:30 Basic Step Line Dancing  <b>11:30-12:00 Lunch Break</b>            12:00-1:00 Line Dancing            12:00-1:00 Nail Art            12:00 Winter Walk Challenge!</p>	<p><b>26</b>            9:00 Brain &amp; Board Games            9:15-10:00 Strength Training            9:30 Independent Art            10:30 Game with Jean Carter            10:15 Bible Study  <b>11:30-12:00 Lunch Break</b>            12:00 Name That Tune Game            12:00 Qigong            12:00 Golden Angels</p>	<p><b>27</b>            9:00 Brain &amp; Board Games            9:30 Coffee, Tea &amp; Company            9:45-10:15 Stix &amp; Tones Video  <b>10:30 Visit from our Platinum Sponsor Ginnie Kite!</b>            10:30-11:30 Basic Step Line Dancing  <b>11:30-12:00 Lunch Break</b>            12:00 Wii Games            12:00-1:00 Line Dancing            12:00 Giant Kerplunk</p>	<p><b>28</b>            9:00 Brain &amp; Board Games            9:15-10:00 Gentle Seated Yoga Video            10:00-11:15 Arts &amp; Crafts            ~Diamond Dot Creations            10:15 Card Game  <b>11:30-12:00 Lunch Break</b>            12:00-1:30 Penny BINGO</p>

Look out for **bolded** items, they are special Valentines Day events/activities.

# February

York County

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Creamy Parmesan Pork Chop (3oz Pork, 2oz Sauce) 1/2c Cubed Potatoes 1/2c Spinach 1 Wheat Bread Cookie</p> 	<p><b>4</b></p> <p>Chicken Bruschetta (3oz Chix, 2oz Tomato, .5oz Cheese) 1/2c Pesto Pasta 1/2c Capri Blend Vegetables 1 Dinner Roll Fresh Fruit</p>	<p><b>5</b></p> <p>1 Baked Crab Cake 1c Tomato Basil Bisque 1/2c California Blend Vegetables White Bread 1/2c Cinnamon Apple Slices</p>	<p><b>6</b></p> <p>1 Lasagna w/ 2oz Meat Sauce 1c Tossed Salad w/ Tomato 1/2c Green Beans 1 Garlic Breadstick Fresh Fruit</p>	<p><b>7</b></p> <p>1 Pizza Burger (1oz Sauce, .5oz Mozzarella) 1/2c Buttered Noodles 1/2c Carrots Hamburger Bun 1/2c Fruit Crisp</p>
<p><b>10</b></p> <p>1c Chicken &amp; Dumplings 1/2c Peas &amp; Carrots Whole Grain Buttermilk Biscuit Fresh Orange</p>	<p><b>11</b></p> <p>1 Stadium Hot Dog 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple &amp; Mandarin Oranges</p>	<p><b>12</b></p> <p>Pasta &amp; Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit</p>	<p><b>13</b></p> <p>3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin</p> 	<p><b>Happy Valentine's Day! 14</b></p> <p>3oz Chicken Rosa Baked Potato w/Sour Cream 1/2c Peas &amp; Onions Dinner Roll Apple Pie</p>
<p><b>Presidents Day! 17</b></p> <p><b>Center is Closed</b></p> 	<p><b>18</b></p> <p>Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll 1/2c Blushed Pears</p>	<p><b>19</b></p> <p>1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Applesauce</p>	<p><b>20</b></p> <p>1 Baked Cod 1/2c Macaroni &amp; Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit</p>	<p><b>21</b></p> <p>Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple</p>
<p><b>24</b></p> <p>4oz Sloppy Joe 1/2c Roasted Sweet Potatoes 1/2c Green Beans 1 Hamburger Bun Fresh Fruit</p>	<p><b>25</b></p> <p>3oz Chicken Breast w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches</p>	<p><b>26</b></p> <p>Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin</p>	<p><b>27</b></p> <p>1c Stuffed Pepper Casserole 1c Tossed Salad 1/2c Peas &amp; Carrots 1 White Bread 1/2c Pudding</p>	<p><b>27</b></p> <p>3oz Chicken Alfredo (2oz Sauce) 1/2c Noodles 1/2c Mixed Vegetables 1 Garlic Breadstick 1/2c. Warm Apple Cranberry Crisp</p> 
		<p><i>*menu subject to change based on availability</i></p>		