February

Monday	Tuesday	Wednesday	Thursday	Friday
Wionday	Tuesday 4	vveunesuay 5	inuisuay 6	7
Creamy Parmesan Pork Chop	Chicken Bruschetta	1 Baked Crab Cake	1 Lasagna w/ 2oz Meat Sauce	1 Pizza Burger
(3oz Pork, 2oz Sauce)	(3oz Chix, 2oz Tomato, .5oz Cheese	1c Tomato Basil Bisque	1c Tossed Salad w/ Tomato	(1oz Sauce,5oz Mozzarella)
1/2c Cubed Potatoes	1/2c Pesto Pasta	1/2c California Blend Vegetables	1/2c Green Beans	1/2c Buttered Noodles
1/2c Spinach	1/2c Capri Blend Vegetables	White Bread	1 Garlic Breadstick	1/2c Carrots
1 Wheat Bread	1 Dinner Roll	1/2c Cinnamon Apple Slices	Fresh Fruit	Hamburger Bun
Cookie	Fresh Fruit	-,	(3.1. 22 71.1.1.213	1/2c Fruit Crisp
лоноо [*]				.,
10	11	12	13	Happy Valentine's Day! 14
1c Chicken & Dumplings	1 Stadium Hot Dog	Pasta & Meatballs (4)	3oz Salisbury Steak w/ 2oz Gravy	3oz Chicken Rosa
1/2c Peas & Carrots	1/2c Cheesy Potatoes	3/4c Pasta w/ Marinara	Baked Potato w/ Margarine	Baked Potato w/Sour Cream
Whole Grain Buttermilk Biscuit	1 Hot Dog Roll	1c Tossed Salad w/ Tomato	1/2c Green Beans	1/2c Peas & Onions
Fresh Orange	1/2c Pineapple & Mandarin Oranges	1 Garlic Breadstick	1 Wheat Bread	Dinner Roll
,-	35 NS	Seasonal Fresh Fruit	1/2c Gelatin	Apple Pie
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Presidents Day! 17	18	19	Andrew Mark W	1985 J. R. W. W. W. 1985
3oz Honey BBQ Chicken Breast	Swedish Meatballs (4) w/ Gravy	1c Chili	1 Baked Cod	Taco Salad
1/2c Brown Rice	1/2c Buttered Noodles	1/2oz Cheddar Cheese	1/2c Macaroni & Cheese	(3oz Taco Meat, .5oz Cheddar,
1/2c Carrots	1/2c Peas	1c Tossed Salad w/ Tomato	1/2c Stewed Tomatoes	Lettuce, Tomato, Salsa)
Wheat Bread	1 Dinner Roll	Cornbread	1 Wheat Bread	Tortilla Chips
Seasonal Fresh Fruit	1/2c Blushed Pears	1/2c Applesauce	Seasonal Fresh Fruit	1c Tortilla Soup
	· · · · · · · · · · · · · · · · · · ·			1/2c Pineapple
24	25	26	27	27
4oz Sloppy Joe	3oz Chicken Breast w/ 2oz Gravy	Turkey Chef Salad	1c Stuffed Pepper Casserole	3oz Chicken Alfredo (2oz Sauce)
1/2c Roasted Sweet Potatoes	1/2c Whipped Potatoes	(2oz Turkey, Egg, Cheddar, over	1c Tossed Salad	1/2c Noodles
1/2c Green Beans	1/2c Corn	1c Mixed Greens w/ Tomato)	1/2c Peas & Carrots	1/2c Mixed Vegetables
1 Hamburger Bun	1 Biscuit	1c Vegetable Soup	1 White Bread	1 Garlic Breadstick
Fresh Fruit	1/2c Peaches	1 Dinner Roll	1/2c Pudding	1/2c. Warm Apple Cranberry Crisp
	2,201333113	1/2c Gelatin	2,201 20	white.
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			*menu subject to change based on availability	Nutrition Nutrition